




CENTER FOR MODERN DANCE EDUCATION

SUMMER 2025. Jun 23 - Aug 3

Unless otherwise noted all classes are co-ed, multi-level and inclusive of people with disabilities as appropriate

 In person.

 ZOOM.

 Independently run program.
Use contact listed.

Drop in class: Adults \$20 | Seniors \$17 | Youth \$5

6 WEEK pre-registration: Adults \$100 | Seniors \$85 | Youth \$25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM	Dancing Work Out Adults - Seniors Claire Porter June 16- July 2 8:30-10:00AM	Lisa Skates 8:30AM - 1PM Lisa Skates 201 694 7087 lisa@simplysocialdance.com	Dancing Work Out Adults - Seniors Claire Porter June 16- July 2 8:30-10:00AM		Dancing Work Out Adults - Seniors Claire Porter June 16- July 2 8:30-10:00AM		
10AM	July 7-July 25 9:30AM-11:00AM		July 7-July 25 9:30AM-11:00AM	Lisa Skates 10AM - 1PM Lisa Skates 201 694 7087 lisa@simplysocialdance.com	July 7-July 25 9:30AM-11:00AM	Women's Dance 10AM - 11:15PM	
11AM	Call Us Clowns 11AM - 2PM					Simply Social Dance Lisa Skates 201 694 7087 lisa@simplysocialdance.com	
12PM							
1PM		Call Us Clowns 1PM - 3PM every 3rd Tuesday					
2PM							2PM - 3PM Multi-Gen. African Dance and Drum Yahya
3PM							3PM - 3:30PM Drumming Yahya
4PM				Tai Chi 3:30PM - 4:20PM Adults - Seniors Barry			
5PM	Simply Social Dance 5PM - 8:30PM					Sahaja Yoga Meditation 5PM - 9:30PM	
6PM	Lisa Skates 201 694 7087 lisa@simplysocialdance.com	Salsa 6:PM - 7:45PM 201-707-0999 gloriasparrots@gmail.com	Belly Dance 6PM - 8:30PM Amira Mor 201 240 6860 info@amiramor.com	Hip Hop 6PM - 6:50PM Ages 8 -18 Sasha		Ayush Jain 857 891 2001	
7PM			Bollywood Beats 7PM - 8PM Manushi	Sassy R&B 7PM - 8PM Ages 16 -up Sasha	Salsa 7:PM -10PM Jon Rodrigez "Pina"		
8PM		Dance Fusion Lab 7:45PM - 8:45PM Teen - Adult Lateefah			201-707-0999 gloriasparrots@gmail.com		