



CENTER FOR MODERN DANCE EDUCATION SUMMER 2024 (STARTS JULY 8)

Unless otherwise noted all classes are co-ed, multi-level and inclusive of people with disabilities as appropriate

In person ZOOM Independently run program. Use contact listed.

First class Free!
Youth classes \$5. Adults \$20 per class.
Seniors and people with disabilities \$17 per class.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9AM						Meetings, showcases, workshops, etc		
10AM	9:30AM - 11AM Dancing Workout <i>Adults - Seniors</i> <i>Claire Porter</i>		9:30AM - 11AM Dancing Workout <i>Adults - Seniors</i> <i>Claire Porter</i>		9:30AM - 11AM Dancing Workout <i>Adults - Seniors</i> <i>Claire Porter</i>			
11AM	11AM - 2PM Call Us Clowns							
12PM		11:30AM - 12:30PM Modern Dancercise <i>Adults - Seniors</i> <i>Elissa</i>	11:30AM - 12:10PM Gentle Yoga ZOOM <i>Elissa</i>					
1PM		1PM - 3PM Call Us Clowns <i>3rd Tuesdays</i>						
2PM						2PM - 6PM Simply Social Dance <i>Lisa Skates</i> <i>201 694 7087</i> <i>lisa@simplysocialdance.com</i>	2PM - 3PM Multigen. African Dance and Drum <i>Yahya</i> 3PM - 3:30PM Drumming <i>Yahya</i>	
3PM							ZOOM	
4PM				3:30PM - 4:20PM Tai Chi <i>Barry</i>	TGIF Special Events			
5PM				4:30PM - 5:20PM Creative African Dance <i>Ages 4-12</i> <i>Yahya</i>				
6PM			5PM - 9PM Indian Dance	5:30PM - 6:20PM African Dance <i>Ages 12-21</i> <i>Yahya</i>			5:30PM - 9:30PM Free Sahaja Yoga Meditation <i>Ayush Jain</i> <i>857 891 2001</i>	
7PM	6:30PM - 9:30PM Simply Social Dance <i>Lisa Skates</i> <i>201 694 7087</i> <i>lisa@simplysocialdance.com</i>	6:30PM - 7:30PM Moving Experience <i>Teens Adults with disabilities</i> <i>Silinea/Allison</i>	*DOWNSTAIRS <i>Gomathi Manoj</i> <i>513 448 8820</i> <i>snkusa.nj@gmail.com</i>	6:30PM - 7:20PM Modern <i>Ages 12-21</i> <i>Allison</i>				
8PM		7:45PM - 8:30PM Free Sahaja Yoga Meditation <i>Ayush Jain</i> <i>857 891 2001</i>	6PM-8:30PM Belly Dance <i>Amira Mor</i> <i>201 240 6860</i> <i>info@amiramor.com</i>	7:30PM - 8:20PM Hip Hop <i>Ages 8 - Adult</i> <i>Jayren</i>				
				7:30PM - 8:30PM Salsa				