

Special Thanks to

*Colleen Conwell and Theater Staff
CMDE Stage Manager Cindy Lydon,
Jessica Marlies for authentic African costumes
Costume Advice and Assistance James Draney
Photographers Stacey & Clement Lespinass, Browsersonline
Videographer Gary Paul, Xcentrix, Inc.
And to all the dancers, volunteers, alumni, and friends who continue to
support our mission through donations of time and money!*



Center for Modern Dance Education

Non-Profit Organization founded 1962
84 Euclid Avenue, Hackensack, NJ 07601
201-342-2989 / info@cmde.org / www.cmde.org

Artistic Director: Elissa Machlin-Lockwood
Arts Administrator: Bonnie Hyslop
Development Coordinator: Janice Rollo
Marketing: Lija Znakina (Rhubarb Crew)
Program Assistant: Corinne Reilly-Ferretto



BOARD OF DIRECTORS: Audrey Goodman, President;
Barry Rochester, Treasurer; Sharon Silow-Carroll, Secretary;
Karen Blumenthal, Antonia Diaz, Richard Field, Danielle
Hartman, Mary Lane, Ruth Bauer Neustadter, Ursula Pelle

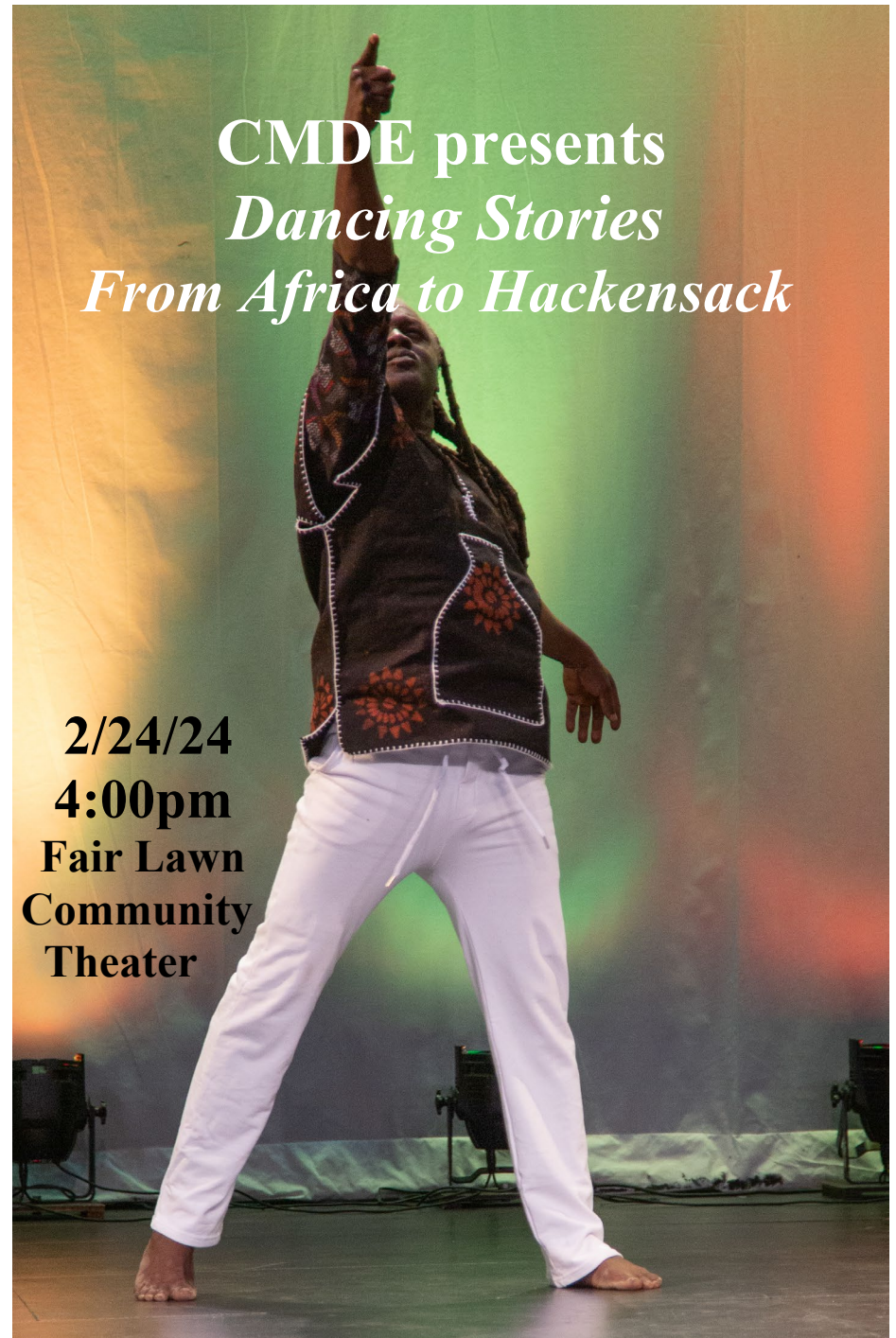
ARTISTIC ADVISORY BOARD: Joanne Koob-Brown,
Dian Dong Chen, Cynthia Low, Claire Porter, Susan Thomasson

ADA ADVISORY BOARD: Karen Blumenthal, Carolyn Hayer,
Amanda Trott, Lauren Valenta

CMDE's programs are made possible in part by funds from
Bergen County Department of Human Services Youth Services
Commission, National Endowment for the Arts, New Jersey State
Council on the Arts, Levitt Foundation, Lillian Pitkin Schenck
Fund, and matching gifts from BD, Pfizer, and Tisch.
CMDE is designated as a Peace Site by New Jersey Peace Action.

CMDE presents
Dancing Stories
From Africa to Hackensack

2/24/24
4:00pm
Fair Lawn
Community
Theater



1. Lamban/Welcome Dance /Foundation of Life

Choreography and music: Yahya Kamate & Guest Drummer, Brian Bilsky
Dancers: Alexandreena Dixon, Collette Fournier, Idalize Garcia, Diane Jehle,
Beverly Lewis, Michelle Plumber, Jamie Sporn,
Brenda Thomas, Sasha Thompson

2. A Way In

Choreographed, written, and performed by Theresa Conlon

3. Get Back Up Again!

Choreographed by Allison Brown. Assisted by Amanda Trott
Dancers: Geraldine Antonio, Amelia & Myra Brown-Warren,
Karolyn Jerez, Kamaria & Nina Lespinass,
Music from Trolls soundtrack by Anna Kendrick

4. Say Hello to the Fool

Choreographed by Katonya Rochester
Danced with Richard Field
Music by Steals Brothers Melvin & Mervin, sung by Russell Thompkins Jr.

5. Best Day of My Life

Dedicated to dance classmate Maya Vega

Choreographed and directed by Amanda Trott. Assisted by Arielle Goldman
Moving Experience Dancers: Megan Farrell, Daniela Navarro
Music: American Authors

6. Holding Together

Choreographed and performed by Audrey Goodman
Music: Driving Up Country by Robert Een

7. Golden Hour

Choreographed by Allison Brown
Dancers: D.J.& Sarai Bayon, Lauren Cabelo, Emily Gomez, Conan Flynn,
Kamaria Lespinass, Cataleya Montoya, Lavender Rivers,
Ella Sutherland, Ziara Graham,
Music: Novox, Karaokey & Tazzy

8. Love of Being

Choreographed by Alison and Silinea Hilliard
Moving Experience Dancers: Chris Hayer, Megan Farrell, Chesne Valenti
Music by Lee Groves & Peter George Marett

9. Song for Eva

Choreographed and performed by Ruth Bauer Neustadter
Concept and music composed and played by Joshua Draper

10. Sunu /Celebration of Life!

Choreography and music: Yahya Kamate & Guest Drummer, Brian Bilsky
Dancers: Mila Vanden Abeele, Geraldine Antonio, Angelina Bayon,
Karolyn Jerez, Lianna Mutabazi, Olivia Wilson, Aria Zaken, Azmia Zongo

Intermission

11. American Dream

Choreographed by Jayren Madera
Dancers: Angelina, D.J. & Sarai Bayon, Lauren Cabelo, Aaliyah Fulmore,
Emily Gomez ,Ziara Graham, Kamaria Lespinass,
Cataleya Montoya, Lavender Rivers, Ria Sabholok , Ella Sutherland
Music: Nee-nah by 21 Savage Travis Scott & Metro Boomin

12. Ready to Connect

Choreographed by Elissa Machlin-Lockwood with the dancers
Dancers: Kevin Cooper, Arielle Goldman, Audrey Goodman, Diane Jehle,
Sara Muller, Ruth Bauer Neustadter, Liza Ricco,
Sharon Silow, Carroll, Carolyn Smith, Amanda Trott
Music: "Higher Ground 2020 Playing Around the Word"

13. Catch or Fall ,based on a true story

Choreographed, written, and performed by Debra Zalkind
Music: Blues Walk by Lou Donaldson

14. Wrestling With

Choreographed and performed by Lilliana Amador Marty
With Lena Aronson, Theresa Conlon, Audrey Goodman, Richard Field, Marianne Pita,
Music: "When the Levee Breaks" by Led Zeppelin

15. From Africa to Hackensack!

Choreography and music: Yahya Kamate & Guest Drummer Brian Bilsky
Dancers: Mila Vanden Abeele, Daniel & Sarai Bayon, Lauren Cabelo
Conan Flynn, Ziara Graham, Kamaria Lespinass, Cataleya Montoya,
Lianna Mutabazi, Lavender Rivers, Ella Sutherland, Azmia Zongo

*Dances 1,2,4,6,9,13,14 were created as are part of
2024 Creative Aging project funded by NJ State Council on Arts*

