

# Center for Modern Dance Education 4/2/18-6/16/18 Try any CMDE class once for Free!

Unless otherwise noted all classes are co-ed, multi-level and inclusive of people with disabilities as appropriate.

*Italicized for non-CMDE programs. Use contact listed*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
					Studio 1 (Upstairs)	Studio 2 (Downstairs)	
<p><i>Call Us Clowns Inc.</i> Rehearsal 10:30-2:30 201-805-2567 <a href="http://www.callusclowns.org">www.callusclowns.org</a></p>	<p><b>11:00-12:00 AM</b> <b>Modern</b> <b>Dancercise</b> <b>Adults-Seniors</b> <b>Elissa</b></p>				<p>9:15-10:15 Yoga with Martin Bland 201-370-4442</p>	<p>8-10:00 Lisa Skates</p>	<p><b>2:00-2:50</b> <b>Dance Basics</b> <b>Ages 3-7</b> <b>Candace</b> <b>*3/11-5/12</b></p>
	<p>12:30-2:30 <b>CMDE Moving Into</b> <b>Knowledge class</b> <b>Alexandra</b></p>	<p><b>3:00-4:00</b> <b>Gentle Yoga</b> <b>Adult-Seniors</b> <b>Elissa</b> <b>*By Donation*</b></p> <hr/> <p>5-6:30 <i>private practice</i> <i>or company rehearsal</i></p>	<p>1:30-2:30 <b>CMDE Moving Into</b> <b>Knowledge class</b> <b>Al Jabril</b></p>		<p><b>10:30-12:00</b> <b>Modern Dance</b> <b>Adults</b> <b>Elissa</b></p>	<p><i>Priyanka practice</i> 10:30-12:30</p>	<p><b>2:00-2:50</b> <b>Multi-Generational</b> <b>African Dance</b> <b>Ages 7-Adult</b> <b>Yahya</b></p>
<p>6:30-9:30 <i>Simply Social Dance</i> Lisa Skates 201-694-7087 <a href="mailto:lisa@simplysocialdancing.com">lisa@simplysocialdancing.com</a></p>	<p>6:30-9:30 <i>(downstairs)</i> <i>Simply Social Dance</i> Lisa 201-694-7087 <a href="mailto:lisa@simplysocialdancing.com">lisa@simplysocialdancing.com</a></p>	<p>6:30-8:45 <i>Indian Dance</i> Gomathi Manoj 513-448-8820 <a href="mailto:snkusa.nj@gmail.com">snkusa.nj@gmail.com</a></p>	<p>5:15-6:15 PM <i>Lisa private</i></p>	<p>5:15-6:30 <i>The Childrens School of Yoga</i> <a href="mailto:info@thechildrenssc.hoolofyoga.com">info@thechildrenssc.hoolofyoga.com</a> 845-782-9642</p>	<p>12:15-1:15 <i>Belly Dance</i> Amira Mor 201-240-6860 <a href="mailto:info@amiramor.com">info@amiramor.com</a> 2:30-3:30 Jan.27<sup>th</sup> 2:30-3:30 workshop</p>		<p><b>3:00-3:50</b> <b>Multi-Generational</b> <b>Hip Hop</b> <b>Ages 7-Adult</b> <b>Al Jabril</b></p>
<p>7:00-8:00 <i>Love That Body</i> Work-out Shirley Brown Coward <a href="mailto:purepraise777@yahoo.com">purepraise777@yahoo.com</a></p>	<p>7:00-8:00 <i>Dance Empire for Adults with disabilities</i> Fred Kaps 201-370-8193 <a href="mailto:fredkaps61@gmail.com">fredkaps61@gmail.com</a></p>	<p><b>6:30-7:30</b> <b>Moving</b> <b>Experience</b> <b>Adults w/</b> <b>Disabilities</b> <b>Silinea</b></p>	<p>6:30-7:30 &amp; 7:30-8:30 advanced <i>Belly Dance</i> Amira Mor 201-240-6860 <a href="mailto:info@amiramor.com">info@amiramor.com</a></p>	<p>7:00-8:45 <i>Sahaja Yoga</i> <i>Free Meditation</i> 212-269-9642 <a href="http://www.tristatemeditation.org">www.tristatemeditation.org</a></p>	<p><b>1:30-2:30</b> <b>Modern Dance</b> <b>Ages 10-20's</b> <b>w/ Disabilities</b> <b>Amanda/Kalena</b></p>	<p>2:30-6:00 <i>Simply Social Dance</i> Lisa 201-694-7087 <a href="mailto:lisa@simplysocialdancing.com">lisa@simplysocialdancing.com</a></p>	<p><b>3:00-4:00</b> <b>Modern Dance</b> <b>Teen-Adult</b> <b>Candace</b></p>
<p><b>8:00-9:00</b> <b>Modern</b> <b>Adult</b> <b>Elissa</b></p>		<p>7:30-8:30 <i>Dance Empire for Adults with disabilities</i> Fred Kaps 201-370-8193 <a href="mailto:fredkaps61@gmail.com">fredkaps61@gmail.com</a></p>	<p>8:30 -9:30 <i>Jazmin Vixon Workout</i> 917-406-1417</p> <hr/> <p>10:00-11:00 <i>Private practice</i></p>			<p><b>Ask About Our</b> <b>Special BOGO</b> <b>offer!</b></p>	<p><b>4:00-5:30</b> <b>CMDE Dance Co.</b> <b>Ages 10- 21</b> <b>Silinea</b></p>

**CMDE / 84 Euclid Avenue, Hackensack NJ 07601 / 201-342-2989 / [info@cmde.org](mailto:info@cmde.org) / [www.cmde.org](http://www.cmde.org)**

## Tuition & Payment Information 2018

**Try any class once for free before committing!** Ongoing enrollment.  
**Scholarships and work -study opportunities available** for people with financial need  
Please call **201-342-2989** or email **info@cmde.org**.

### **FEES:**

**10%** off for family members, seniors, and individuals with disabilities

Late registration pro-rated at \$10 per missed class or charged \$15 per class.

**One Term Tuition April 1<sup>st</sup> - June 16<sup>th</sup>**

1 Weekly Class: \$180

2 Weekly Classes: \$330

Unlimited Weekly Classes: \$450

**Sunday Class Special Buy One Get One Free!**

**Spring Special for Dance Basics Ages 3-7 Sundays 2:00-2:50, March 11<sup>th</sup> -May 12<sup>th</sup> only \$60**

**Pay Per Class:** There is a one time annual registration fee of **\$35**. **Individual class is \$17 or \$15 for seniors & individuals with disabilities, payable by check or online.** The registration fee is only for students paying per class; it is included in full and term tuition

**PAYMENT: Checks made out to CMDE**

To pay by credit card go to [www.cmde.org](http://www.cmde.org) and click on payment options

**Tuition is non-refundable. Credit will be given for illness or injury.**

*Founded as a nonprofit organization in 1962, CMDE is an inclusive, diverse oasis for non competitive artistic engagement. Every body is always welcome!*

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