

Center for Modern Dance Education Classes Jan-March 2019 Try any CMDE class once for Free!

Unless otherwise noted all classes are co-ed, multi-level and inclusive of people with disabilities as appropriate.

*Italicized for non-CMDE programs. Use contact listed **BOGO** classes in purple*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
					Studio 1 (Upstairs)	Studio 2 (Downstairs)	
<p>Call Us Clowns Inc. Rehearsal 10:30-2:30 201-805-2567 www.callusclowns.org</p>	<p>11:00-12:00 Modern Dancercise Adults-Seniors Elissa</p>	<p>3:00-4:00 Gentle Yoga Adult-Seniors Elissa *By Donation*</p>	<p>11:00-12:00 Modern Dancercise Adults- Seniors Elissa</p>		<p>9:00-10:00 Yoga with Martin Bland 201-370-4442</p> <hr/> <p>10:30-12:00 Modern Dance Adults Elissa</p>	<p>8-10:00 10-11* first Sat of the mos. Lisa Skates</p> <hr/> <p>10-12 Liturgical Dance practice</p>	<p>2:00-3:00 Multi-Generational Hip Hop Ages 7-Adult Allison</p> <hr/> <p>2:00-3:00 Modern Dance Teen-Adult Candace</p>
<p>8:00-9:00 Modern Adult Candace</p>	<p>1:00-2:00 CMDE Moving in to Knowledge(MIK) Alexandra</p> <hr/> <p>4:30-5:30 CMDE/MIK Kalena</p>	<p>-</p> <p>6:30-7:30 Moving Experience Adults w/ Disabilities Silinea/Allison</p>	<p>5:15-8:00 PM *Lisa privates</p>		<p>12:15-1:15 Belly Dance Amira Mor 201-240-6860 info@amiramor.com</p> <hr/> <p>1:30-2:30 Modern Dance Ages 10-20's w/ Disabilities Amanda/Kalena</p>	<p>12:00-1:00 Technique for Spiritual Dance Ages 8-Adult Silinea</p> <hr/> <p>2:00-6:00 *Simply Social Dance Lisa 201-694-7087 lisa@simplysocialdancing.com</p>	<p>3:00-4:15 CMDE Dance Co. Ages 12- 21 Silinea</p> <hr/> <p>3:00-3:45 Music & Movement Ages 3-7 2/24-3/31 Candace</p>
<p>6:50-7:50 Yoga with Martin Bland 201-370-4442</p> <hr/> <p>6:30-9:30 *Simply Social Dance Lisa Skates 201-694-7087 lisa@simplysocialdancing.com</p>	<p>7:00-8:00 Dance Empire Adults w/ disabilities Fred Kaps 201-370-8193 fredkaps61@gmail.com</p> <hr/> <p>6:30-9:30 *Simply Social Dance Lisa 201-694-7087 lisa@simplysocialdancing.com</p>	<p>6:30-8:45 Indian Dance Gomathi Manoj 513-448-8820 snkusa.nj@gmail.com</p> <hr/> <p>7:30-8:30 Dance Empire Adults w/ disabilities Fred Kaps 201-370-8193 fredkaps61@gmail.com</p>	<p>6:30-7:30 & 7:30-8:30 advanced Belly Dance Amira Mor 201-240-6860 info@amiramor.com</p>	<p>7:00-8:45 Sahaja Yoga Free Meditation 212-269-9642 www.tristatemeditation.org</p>	<p>4:00-5:30 Sister Planet Productions elainatamara@yahoo.com 201-519-6436</p>	<p>BOGO classes in purple!</p>	<p>4:00-5:00 Multi-Generational African Dance & Drum Ages 7-Adult Yahya /Candace</p>

CMDE / 84 Euclid Avenue, Hackensack NJ 07601 / 201-342-2989 / info@cmde.org / www.cmde.org

Tuition & Payment Information 2019

Try any class once for free before committing! Ongoing enrollment.

Scholarships and work -study opportunities available for people with financial need

Please call **201-342-2989** or email **info@cmde.org**.

FEES:

10% off for family members, seniors, and individuals with disabilities

Late registration pro-rated at \$10 per missed class or charged \$15 per class.

One Term Tuition Jan 5- March 31 ,April 1-June 15 2019

1 Weekly Class: \$180 / 2 Weekly Classes: \$330

Special for Students ages 8-18 Classes ,Workshops and Company Buy One Get One Free !

Pay Per Class for Adults & Seniors: There is a one time annual registration fee of **\$35**. **Individual class is \$17 or \$15 for seniors & individuals with disabilities, payable by check or online.**

The registration fee is only for students paying per class; it is included in full and term tuition

PAYMENT: Checks made out to CMDE

To pay by credit card go to www.cmde.org and click on payment options

Tuition is non-refundable. Credit will be given for illness or injury.

Founded as a nonprofit organization in 1962, CMDE is an inclusive, diverse oasis for non competitive artistic engagement. Every body is always welcome!



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