

# Center for Modern Dance Education Classes Start Sept. 23 Try any CMDE class once for Free!

Unless otherwise noted all classes are co-ed, multi-level and inclusive of people with disabilities as appropriate.

*Italicized for non-CMDE programs. Use contact listed **BOGO** classes in purple*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
					Studio 1 (Upstairs)	Studio 2 (Downstairs)	
<p>Call Us Clowns Inc. Rehearsal 10:30-2:30 201-805-2567 www.callusclowns.org</p>	<p><b>11:00-12:00</b> <b>Modern Dancercise</b> <b>Adults-Seniors</b> <b>Elissa</b></p>	<p><b>3:00-4:00</b> <b>Gentle Yoga</b> <b>Adult-Seniors</b> <b>Elissa</b> <i>*By Donation*</i></p>	<p><b>11:00-12:00</b> <b>Modern Dancercise</b> <b>Adults- Seniors</b> <b>Elissa</b></p>		<p>9:00-10:00 Yoga with Martin Bland 201-370-4442</p> <hr/> <p><b>10:30-12:00</b> <b>Modern Dance</b> <b>Adults</b> <b>Elissa</b></p>	<p>8-10:30 Lisa Skates</p> <hr/> <p><b>NEW!</b> <b>12:00-1:00</b> <b>Technique for</b> <b>Spiritual Dance</b> <b>Ages 8-18</b> <b>Silinea/Allison</b> <b>*FREE*</b> <b>11/3-12/15</b></p>	<p><b>*2:00-3:00</b> <b>Multi-Generational</b> <b>Hip Hop</b> <b>Ages 8-Adult</b> <b>AI/Allison</b></p> <hr/> <p><b>2:00-3:00</b> <b>*Modern Dance</b> <b>Teen-Adult</b> <b>Candace</b></p>
<p><b>8:00-9:00</b> <b>Modern Adult</b> Physically integrated <b>Candace</b></p>	<p>1:00-2:00 CMDE Moving in to Knowledge(MIK) Alexandra</p> <hr/> <p>6:00-6:50 CMDE/MIK Kalena</p>	<p><b>NEW!5:30-6:30</b> <b>Open studio for youth</b></p> <hr/> <p><b>6:30-7:30</b> <b>Moving Experience</b> <b>Adults w/ Disabilities</b> <b>Silinea/Allison</b></p>	<p>5:15-7:15 PM <i>*Lisa privates</i></p>		<p>12:15-1:15 Belly Dance Amira Mor 201-240-6860 <i>info@amiramor.com</i></p> <hr/> <p><b>1:30-2:30</b> <b>Modern Dance</b> <b>Ages 10-20's</b> <b>w/ Disabilities</b> <b>Amanda/Kalena</b></p>	<p>2:00-6:00 <i>*Simply Social Dance</i> Lisa 201-694-7087 <i>lisa@simplysocial dancing.com</i></p>	<p><b>*3:00-4:00</b> <b>CMDE Dance Co.</b> <b>Ages 12- 21</b> <b>Silinea</b></p> <hr/> <p><b>3:00-3:45</b> <b>Music &amp; Movement</b> <b>Ages 3-6yrs</b> <b>special price!</b> <b>10/7-11/11</b> <b>Candace</b></p>
<p>6:50-7:50 Yoga with Martin Bland 201-370-4442</p> <hr/> <p>6:30-9:30 <i>*Simply Social Dance</i> Lisa Skates 201-694-7087 <i>lisa@simplysocial dancing.com</i></p>	<p>7:00-8:00 Dance Empire Adults w/ disabilities Fred Kaps 201-370-8193 fredkaps61@gmail.com</p> <hr/> <p>6:30-9:30 <i>*Simply Social Dance</i> Lisa 201-694-7087 <i>lisa@simplysocial dancing.com</i></p>	<p>6:30-8:45 Indian Dance Gomathi Manoj 513-448-8820 snkusa.nj@gmail.com</p> <hr/> <p>7:30-8:30 Dance Empire Adults w/ disabilities Fred Kaps 201-370-8193 fredkaps61@gmail.com@gmail.com</p>	<p>6:30-7:30 &amp; 7:30-8:30 advanced Belly Dance Amira Mor 201-240-6860 <i>info@amiramor.com</i></p>	<p>7:00-8:45 Sahaja Yoga Free Meditation 212-269-9642 www.tristate meditation.org</p>	<p>2:30-4:00 MarquisElite Free Peer Led Teen Dance Group</p> <hr/> <p>4:00-5:30 Sister Planet Productions <i>elainatamara@yahoo.com</i> 201-519-6436</p>		<p><b>*4:00-5:00</b> <b>Multi-Generational</b> <b>African Dance &amp; Drum</b> <b>Ages 8-Adult</b> <b>Yahya /Candace</b></p> <p><b>*BOGO</b></p>

**CMDE / 84 Euclid Avenue, Hackensack NJ 07601 / 201-342-2989 / info@cmde.org / www.cmde.org**

## Tuition & Payment Information 2018

**Try any class once for free before committing!** Ongoing enrollment.

**Scholarships and work -study opportunities available for people with financial need**

Please call **201-342-2989** or email **info@cmde.org**.

### **FEES:**

**10%** off for family members, seniors, and individuals with disabilities

Late registration pro-rated at \$10 per missed class or charged \$15 per class.

### **One Term Tuition Sept 23-Dec.15**

1 Weekly Class: \$180 / 2 Weekly Classes: \$330

Special for Music and Movement Ages 3-6 Sundays 3:00-3:50 Oct 7-Nov 11 6wks \$60 \$10 per class

**Special for Students ages 8-18 Classes ,Workshops and Company Buy One Get One Free !**

### **Full Year Tuition(3 terms)**

1 Weekly class \$540 2 Weekly classes \$900 Unlimited classes \$1,350

**Pay Per Class for Adults & Seniors:** There is a one time annual registration fee of **\$35**. **Individual class is \$17 or \$15 for seniors & individuals with disabilities, payable by check or online.**

The registration fee is only for students paying per class; it is included in full and term tuition

### **PAYMENT: Checks made out to CMDE**

To pay by credit card go to [www.cmde.org](http://www.cmde.org) and click on payment options

**Tuition is non-refundable. Credit will be given for illness or injury.**

*Founded as a nonprofit organization in 1962, CMDE is an inclusive, diverse oasis for non competitive artistic engagement. Every body is always welcome!*



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